1: Ammar E, I-5 (1951) 1954
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FOLK LIFE AND SOCIAL CHANGE IN THE VILLAGE

Notions connected with life and death are, on the whole, mixed up with religion. To die on holy days, such as Fridays or in the month of Ramadan, is a sign of God's blessing.

Sanctity shows itself also in status and rank and their role in the community. According to the villagers, the 'ashraf' (people of distinguished descent being related to the Prophet) have a better chance of salvation than others, a notion which, of course, satisfies the villagers' ego as they consider themselves descendants of the Prophet. The persistence of the religious prerogatives of the 'ashraf' goes to show that the central conception of Islam in the equality of all believers has not entirely supplanted the Arab reverence for distinguished genealogy.

The villagers' attitude of respect for religious men is based on two principles. The first is that of knowledge of Koranic studies, combined with observation of religious duties; the second is derived from hereditary piety, as recognized piety is believed to be handed from father to son. The example of the two pious men acknowledged and venerated as such by the villagers is perhaps the best illustration. One of these two pious sheikhs is the son of the villagers' deceased saint around whose shrine the tombs of the villagers' cemetery is spread. As this sheikh does not live in the village, he frequently comes to it either for an ordinary visit, for taking part in settling serious disputes between individuals or families, or to collect his annual custom of crops offered to him by the villagers during harvest time. During his stay he moves from one guest house to another as the guest of a clan or a family which endeavours to provide hospitality for him and thus win his approval. In return, the sheikh is requested to write charms, or to bless water, or to read over a sick person, and thus secure his 'baraka'.[1]

The piety of the other religious man is based also on the fact that he is the grandson of a man who was one of the favourite disciples of the chief founder of the Nakshbadia mystic sect. His grandfather is reputed to have done miraculous deeds and had composed mystic verses usually recited amongst the members of the sect. His piety is also based on the grounds that he studied at al-Azhar Mosque and thus he is considered to be well versed in Koranic studies. It was because of his piety that he gained most of the votes in Silwa, when he stood as a candidate for the Parliament as mentioned earlier.

It is also recognized that people who know the sacred book by heart should be venerated as the carriers of knowledge, and many people regard them as possessed of 'baraka'. In Arab councils, religious men are always included, and their decisions are usually respected.

Moreover, the main events of life and death have their religious significance or at least their sanction. It is in the Prophet's tradition to celebrate the naming ceremony, to circumcise children, and to get them married.

[1] This sheikh died during my field work and a delegation from the village went to his village in condolence.

1: Ammar E, I-5 (1951) 1954
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knife and an antimony stick. The child's eyes are treated with kohl as a protection against 'running eyes'. 844 [051]

The navel cord is cut to a repetitive refrain. In the case of a boy, relatives would be singing:

'Who supports his father
except him who descends from his loins,
May your legs be fit for the stirrup,
and your mouth for an answer.' [533]

For a girl they sing only one line:

'She will make her father enter into the shade! (i.e. into the cool)
and she will visit him every day!'

The most dangerous period for the newly-born child and his mother is 'the first forty days'. This is the period of confinement for the mother as she is considered to be 'unclean' and cannot cook, wash or even say her prayers. She is called 'nafasia' (breathing woman) as if her breath were not clean, and this is the reason for her seclusion, as well as segregation from the rest of the household. She should take care of herself; she is advised not to move too much or to go out in the dark. She is usually fed on chicken, chicken broth, clarified butter, molasses and other richly prepared dishes. She again becomes the centre of attention with respect to food given to her. 846 [783] [062]

On the other hand, the first forty days are regarded as 'the angelic period' for the child. He is guarded by angels against the 'evil spirits'. Yet the mother must remain in close proximity to the child, never leaving him alone, because if for any reason the angels were to neglect their guardianship, the child would be besieged by the devils. If the mother has to leave the child for a short time, someone else must attend to him. [076]

The next event in connection with the new baby is the official declaration of his name on the seventh day from his birth or sometimes at the end of the fortnight. For this purpose, a special ceremony is held called 'sobou' (related to the week). According to the village tradition the ceremony has a religious sanction from one of the sayings of the Prophet. It is almost universal in the village with regard to the naming of the first son, but less common with the succeeding sons. The most important feature in the content of the ceremony is the killing of a yearling ram (ikk), and thus causing the blood to flow, over which the baby is passed seven times. 'Blood flowing' is supposed to ward off the effects of the 'evil eye'. It is also considered as a sacrifice for the child's life, saving the child's life by giving the life of an animal. The traditional support for this is the story of the Prophet Abraham whose son Ishmael was saved by a heaven-sent ram.[1] Such a ritual is always recommended on the occasion of 553 [780] [755] [782]

[1] Ishmael according to the Koran, Isaac according to the Old Testament.

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553 782 acquiring new things, e.g. building a new house, reaping new harvest, obtaining new land. Though there is no formal ceremony in Artas (Palestine) for the naming of the child, Hilma Granqvist refers to the notion of 'the flowing of the blood' in the same way as believed in Silwa, the purpose being that life redeems life.[1]

782 At other major events of an individual's life, like circumcision, marriage, pilgrimage, completion of memorizing the Koran, the blood must flow to bring about blessing (baraka).

553 However, at the end of the meal, the oldest member present, or a religious man, asks what the child's name is, and on being told, such a name would be praised by the meeting. The reading of the 'Fatiha' [1988] (similar to the Lord's Prayer) would end the ceremony with prayers for the child's long and happy life.

The name is usually chosen by the parents, and with the first child, the name of the grandfather for a boy, or grandmother for a girl, is frequently decided upon. Granqvist has discussed at great length the significance and implications in choice of names, and it is felt unnecessary to dwell therefore 551 on these points here.[2] In this connection, it is reported as a prophetic tradition that 'the best names are those which are similar to the Prophet's names or indicate the subservience to God'. The whole range of names could be classified into four categories: (1) those similar to the Prophet's names, reported to be thirty-three in number, e.g. Mohammad, Mahmoud, Kamil, Mustafa, Ahmad, Taha, Yaseen; those related to his family either male or female; names of the Well-Guided Caliphs. Examples of names of females connected with the Prophet are: Amina (Prophet's mother), Halima (wet-nurse), Aisha, Khadiga (wives). (2) Names indicating 'Servant of God', and this lends itself to ninety-nine names which are the attributes of God, e.g. Abd-el Rahman (Servant of the Compassionate), Abd-el Rahim (Servant of the Merciful), Abd-el Wahhab (Servant of the Giver). (3) Names of other prophets, e.g. Ibrahim (Abraham), Musa (Moses), Isa (Jesus), Solaiman (Solomon). (4) Modern names, usually an [369] imitation of the city names, which do not belong to any of the previous categories: Muhsin, Fouad, Nawal, Sabah.

On the whole, the name is usually connected with some meaning or fathering a wish. The writer was told about a certain man in the village whose children used to die during the first year because it was alleged they had attractive names; as a safeguard against this he decided to call his future children by unusual names, e.g. Malaz (pot), Shwal (sack), so that they would not be envied, and thus survive. He appears, according to my informant, to have succeeded thereby in raising children.

553 In contrast with those in Artas in Palestine (the Arab village studied by Granqvist), the names in Silwa are never changed after the ceremony, and it would be considered a great disgrace to do so. This difference is probably

[1] Hilma Granqvist, *Child Problems among the Arabs*, p. 131.
[2] Ibid., pp. 1–30.

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due to the fact that there is no formal ceremony for the naming in Artas, as in Silwa, and hence the change is easier.

Since the enforcement of registration of births about forty years ago, the child is registered after the ceremony. It is to be remembered that still-births are not registered, and are never buried in the cemetery, but always below the threshold of the house.

The mother takes no active part in all the ceremony activities, as she is not allowed to move from her room of confinement until forty days have elapsed. As mentioned earlier, the child is considered to be guarded throughout this period by the angels, who talk to him, entertain him, and sometimes tease or even annoy him. This is the explanation of the baby's occasional smiles, as well as cries. He smiles because the angels have told him that his father is alive, and cries when they inform him that his father has died.

By the end of the forty days, the mother finishes her period of confinement and is considered to be in full control of the baby. She can move about with him and resume her ordinary domestic tasks as she becomes ceremonially clean after having her first bath, a kind of ritual cleansing.

The end of this confinement means the gradual introduction of the child to the wider family circles by taking it on visits to relatives or them visiting the house with presents. If the mother takes the child to any house, the child is never expected to leave empty-handed. Whether near or distant relatives, or of no blood connection at all, they always give the child presents varying from salt, dates, a loaf of bread, an egg, to money and more valuable things. On the birth of the first child the paternal grandfather cannot see his grandson without sending a ram or a goat before his arrival.

Another step is the introduction of the newly-born boy to the other boys in the neighbourhood. For this purpose the mother prepares a dish of boiled maize or wheat and sugar, called 'balila', and taking her child, accompanied by the children of the neighbourhood, repairs to some elevated land to eat the food. For this occasion the mother dresses in new scented clothes. For the first time also, the child wears new clothes, consisting of a white undergarment covered by a striped one, thus discarding his mother's or father's old wrappings.

It is socially encouraged that both a woman and a man should give rein to their intense desire for children. The main function of marriage is to have children and thus perpetuate family life. This shows itself in one of the condolatory phrases addressed to any offspring on the occasion of their father's death: 'He who has left successors is not dead.' My informant, Ali, said, 'A childless couple will have no "successors" to read the "Fatiha" for their souls after their death and their name will thus end by their departure from this world. Children are really useful, not only in this world but in the world hereafter. The Prophet (on whom be the peace and blessings of God) said, "Get married and multiply, as I shall take

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be more attached to his home if his head has first 'fallen into it' at birth (masqat ar-ras).

There is no policy of any kind for limiting birth, either by spacing it out or by practising birth control. Birth control in the modern sense is unheard of, and in any case it is considered as a religious sin, and deemed an interference with God's creation.[1] A part of the married male ethos is not to regulate his sex desires, but to give them full play whenever the need arises. Continence is not a desirable thing for a married man, but to have sexual intercourse with his wife is a good religious deed (hasana). One should not counteract sexual desires but rather stimulate them, and hence the various devices such as special food and aphrodisiacs like hasheesh and opium are resorted to for sexual potency. The writer heard of no woman who has practised any devices to confer sterility on her.

The period of the 'forty days' is enshrouded in a great deal of secrecy and psychological delicacy. For fear of the evil eye, the influence of the evil spirits, or sterility, the mother should adhere to the rigid system of food, minimum movement and general seclusion and other taboos. This is the period in which another woman who wants to become pregnant might suddenly 'press' on her, and thus she could be hampered or delayed in her next pregnancy. However, when a visitor comes to the house the mother covers herself as well as the child and pretends to be feeling rather uncomfortable, either groaning or suffering from pain. In referring to the baby, visitors must be careful not to praise it openly, unless they use the safeguarding phrases such as 'God preserve him' (or her), 'may the Prophet's blessings be upon him'. On enquiring about the sex of a child, if it is a boy, his sex is usually hidden at first to be declared afterwards.

Concerning the child itself, one observes that it is announced and introduced in various ways. In the case of a boy, a 'gong' is produced in his room every morning and every evening; the purpose, as it is believed, is to make the child brave and not to fear any unexpected shock. Yet the reaction of the neighbours on hearing the sound is one of recognition that 'the so-and-so's are sounding for their child'.

The naming ceremony in the case of a boy is the second link in the chain of introducing the child to his neighbours and relatives. Actually the name is usually agreed upon before birth, though the ceremony is the formal occasion for declaring the name. Women have no formal congregation like the men, but a small portion of food and meat is sent to the homes of the female relatives. It is to be stressed that very few people have a naming ceremony for the girls, which is also a male gathering. The motive behind the girls' ceremony could be regarded as a kind of religious puritanism to counteract the pre-Islamic sin of burying the girls alive.

[1] A scholar of al-Azhar told the writer that the Grand Mufti of Egypt recently issued a 'fatwa' permitting the use of contraceptives and sanctioning abortion before the fourth month, that is 'before the child is gifted with a soul'.

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553 851 This celebration could also take place in the case of a married couple who have had no children for a considerable length of time, and suddenly have a girl, whom they would like to value as a boy. A man who had no children from his first wife could also celebrate the 'sobou' of his first child—a daughter, from his second wife. The 'sobou' ceremony for the succeeding boys is usually held by the comparatively well-to-do people, and one cannot fail to note the social significance of the celebrations. It is a display of one's economic ability to be able to afford killing a ram and [554] offering wheat bread and vegetables. Thus the continuing of 'sobou' ceremony for all the boys adds to one's social prestige.

851 The third stage of his introduction is the 'balila food' with other children after the end of the forty days. Though nothing outstanding happens during the meal, the implication is that the child, finishing his 'angelic period', would mix with these children later.

The fourth stage is the formal and informal visits of the mother and child to other people or the latter coming to her house with presents.

846 It has been mentioned that during the first forty days the child remains in the closest contact with its mother practically throughout the whole of its waking as well as sleeping hours as she lies beside it on the mat. During most of this period the mother nurses the child while she is facing [853] it. This close bodily proximity establishes the first educational relationship for the child. Yet this is not the sole relationship, even at this period, for 850 the importance of other people for the child's education is symbolized by the act of 'teaching' (talkeen). For this purpose 'a good man' or 'a good woman' is chosen to perform this act with the boy or the girl respectively. The chosen person eats from a sweet thing, either a date or a piece of sugar, which would then be given to the child to suck, and this is followed by prayers for the child. Through the 'talkeen' the character of the 'good man or woman' is supposed to be transmitted to the baby. When the child grows older reference to the person who 'taught' him usually crops up in assessing his character and temperament.

846 The disposal of the child's navel cord during the first forty days is of special social significance. After cutting the boy's navel cord, the father takes it to the field, there to eat some previously prepared food. After the meal, the father buries the cord in one of the divisions of the field. The income of this section is appropriated, at least theoretically, to the boy, and his 'luck' is gauged according to the yield of that area. Sometimes the boy's cord is buried below the threshold of the Kuttab (the village Koran School) as father to the wish that he would go to the Kuttab to 'memorize the Koran'. In the case of a girl, the navel cord is buried below the threshold of the house or kept in a small box. It is quite obvious that the difference in the disposal of the navel cord reflects the distinction between the prospective spheres of work for the two sexes.

854 In discussing the early training of the child during the first three years, the first important feature that looms large is the close physical proximity

9: Klunzinger D-5 (1863-1875) 1878
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844 ments the poor child of humanity till it sickens and falls
[916] into convulsions, which are therefore also called karina (see
[953] chap. vii.). Immediately after the birth the mother receives
melted butter with honey and fenugreek, and instead of
[262] fasting she must daily eat at least a fowl or a good piece of
meat, which her female friends and neighbours give her. On
846 the sixth day the mother in her turn sends these a plate of
kishk (decoction of wheat and sour milk) as a sign that they
are invited for the following day. Above the head of the
sleeping child is placed on this night a pitcher, hung with
[789] gold coins and lighted with tapers, the pitcher being long-
necked (*dowik*) in the case of boys, short-necked (*kulleh*) in
that of girls.

846 On the morning of the seventh day (*yum es-subd'a*) the
852 house is filled with female visitors. The child is placed upon
a sieve, tapers are fixed upon metal plates and on the point
of a sword, and the child is carried in procession through the
whole house, while the midwife scatters *bisle*, that is, wheat,
[787] barley, pease, and salt as provender for the wicked spirits.
[776] The child is shaken in the sieve, being thereby believed to
lose fear for the rest of its life, and its eyes are held up to
the sun to sharpen them. The cymbals and small drums,
the singing and trilling of the women, make the outer world
acquainted with the joy within the house. The guests present
[431] the mother and midwife with money and gold, for which
[262] they distribute parched chick-peas, St. John's bread, and
walnuts.

But the father must also keep the seventh day as a festival, especially if the child is a boy, though in many cases he does not dare up till this time to look upon his own child, since he might possibly, and quite against his will, do some harm to his tender offspring by a glance of his eye. He invites his friends to a feast, and entertains them with Koran reading, zikrs, and similar pious amusements, or sends for instrumental players, singers, and dancing-girls. The son is brought in a
[431] sieve and shown to the guests, who rejoice with the father,
and perhaps also leave some gifts. A plate of candy-sugar
[553] is now sent to the kadi or some other theologian; he sucks

9: Klunzinger D-5 (1863-1875) 1878
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it, and lets the sweet fluid trickle from his consecrated mouth into that of the child, and "gives him the name out of his mouth." This is accordingly a kind of baptism. It is well known that among the Moslim, as among the native Christians, and till lately among the Jews of the West, only personal (and not family) names are used even in public life. For distinction the personal name of one's father is joined to one's own name, as Mohammed Soliman, that is, Mohammed, son of Soliman. Many have of course a surname, but it is generally personal, as for instance, the Bald, the One-eyed, the Falcon, and so forth, and only in rare cases is retained as a family name. In recent times the desire of acquiring a family name is showing itself, especially among government officials. This custom has of course the advantage that it leaves no room for pride of noble or patrician descent. Only the descendants of the prophets, the *sherifs*, of whom there are millions, pride themselves on their birth, and generally marry only among themselves. Still more the Bedouin, who is said to be able to repeat his pedigree in personal names alone up to Abraham and Adam, like the genealogies in the Bible, and who knows the pedigree of his horse equally well.

On the fortieth day after childbirth the mother goes with the child to the bath, and gets forty dishfuls of water poured over her head if her offspring is a boy, and thirty-nine if it is a girl. The child also is now bathed for the first time, and mother and child are now clean and purified.

CEREMONIES PRELIMINARY TO FAMILY FESTIVALS.

The more important family festivals, as a circumcision or a marriage, are often preceded by a whole round of preliminary ceremonies that last for weeks, or even months, and take place every evening. The master of the house prides himself in giving a feast that will be long spoken of. Every evening he gathers together his friends in his hospitable dwelling, and provides for them amusements and entertainments of every form and kind. At present chess, draughts, dominoes, and other games are played, but not for money, or at most for a

2: Blackman E-5 (1920-1926) 1927
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attached a string of seven grains of beans and a little cotton bag containing a small quantity of the seven ingredients of one of the baskets (Fig. 37).

The midwife's fee consists of a large basket (Fig. 38) of maize, bread, dates, various nuts, and occasionally a little money.[1]

Some of the six various grains, together with the salt, are often given to the father to scatter over his fields. This is a fertility charm, and is believed to ensure his having good crops.

FIG. 38. MIDWIFE CARRYING HER WAGES ON HER HEAD

In addition to the charms mentioned above, the child sometimes has another one made of thick iron wire twisted into a particular shape (Fig. 37). This is also hung round the child's neck, but only so if, when it cries, it clenches its hands and shakes itself.

In some parts of Upper Egypt the following mixture is put into a child's eyes by the midwife on the seventh day. The woman brings an onion with her and squeezes the juice from it into a small coffee-cup, mixing with it salt, oil, and, usually, *koḥl* also. Then, taking a feather, she dips it into the mixture and, opening the child's eyes, brushes the feather right across them. It is believed that this will give the child wide open and beautiful eyes.

The naming of the child is part of the seventh-day ceremony. If the parents are anxious to discover the best and luckiest name for their offspring they proceed as follows. Candles, usually four

[1] Sometimes she is, I believe, paid only in grain.

2: Blackman E-5 (1920-1926) 1927
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in number, sometimes of different colours, are procured, and a different name is inscribed on each. All these candles are lighted at once, and the name on the candle which burns the longest is the one eventually bestowed on the child. After it has received a name the birth is entered in the Government archives, the name of the child's mother only being given; the father's name is not entered at all.

Boys are more highly valued than girls, and special precautions have to be taken when a male child is born to protect him from the evil eye. Sometimes the midwife is bribed to keep the sex of the child a secret, and if she is paid a sufficiently large sum of money she will consent to give out to the villagers that the child is a girl. I was told of a case of a woman who had given birth to a boy not knowing the sex of the child until it was thirty days old or more, and her husband was equally ignorant.

As a further protection from the evil eye a boy is often dressed as a girl for two years or so, all the villagers, presumably, being led to think that the child is a girl.

Women are supposed to suckle their children for two years, but if a woman again conceives before the end of this period she must, of course, wean her last-born child. When this happens she hangs a 'date of jealousy' round the child's neck to prevent its being jealous of the baby when it is born. I once witnessed a most frantic display of jealousy on the part of a very young child when he saw his mother with the newly arrived infant in her arms. He flung himself upon her in a fury of envious rage. The 'dates of jealousy' in some parts of Egypt are acorns; in other parts they are made of a kind of earth moulded into the form of a date stone.

If a child cries very much the mother will sometimes purchase a very small copy of the Ḳorān and hang it round the child's neck. It is believed that if the child begins to cry and then looks at the Ḳorān which it is wearing it will immediately stop weeping. Such small editions of this sacred book are also worn by a child to keep it well and to ensure its living. When used for this purpose the book is sewn up in a cotton case.

If, after long waiting, a woman at last bears a son a festival, or *mūlid*, is held. There are various kinds of *mawālid* (plural of *mūlid*) held for different reasons and on various occasions, and among them is that held in celebration of the birth of a son. It is a kind of thanksgiving on the part of the parents, and is also

2: Blackman E-5 (1920-1926) 1927
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and warm exclamations of approval were heard on all sides as he proceeded. Finally he stood up on a high bench, and, one hand against his face and the other holding a rosary, worked himself up to an even greater pitch of fervour, gesticulating with the hand which held the beads. The audience too became more and more enthusiastic, and there were constant cries of "*Yā sheikh!*" ("O sheikh!"), "*Aiwa, keda!*" ("Yes, thus!"), as we might say, "Yes, go on!" One man at last got so beside himself with emotional fervour that he rose abruptly from his seat, tore off his turban, which he hurled at the sheikh, and then clasped him by the knees. Others too followed his example, flinging themselves in admiration on the sheikh.

When the recitations had gone on for some time there was a pause, and more coffee was handed round, and also more of my cigarettes. During this interval one of the sheikh's assistants went the round of the guests, to inquire of each whether he desired a *Fātiḥeh* to be repeated for himself, or for friends, the latter being mentioned by name. Each person presented the assistant with a small sum of money. Very many *Fātiḥehs* were said for me and for my family, while I made similar requests for several of my village friends. Then the recitations began again, and shortly after there was another pause as before. I am afraid to say how many boxes of cigarettes I distributed, but I do know that they were thoroughly appreciated.

This performance was continued till nearly midnight, when at last I rose to take leave of my friends. My departure broke up the assembly, and the rest of the guests quickly dispersed to their several homes. I was told afterward that it was one of the most successful *mawālid* that had ever been held; never had they had so many cigarettes to smoke, and never had the sheikh and his assistants received so much money! I regret to say that the child for whose benefit this *mūlid* was held died rather suddenly before I left Egypt.

Among the Copts the child receives its name at baptism, when the parents take it to the church. Total immersion is the recognized form of baptism among the Copts, and, according to Dr A. J. Butler,[1] the rite is permissible only in certain seasons of the year, and no child should be baptized during Lent, Holy Week, or at Eastertide. The same authority also states that a boy must be

[1] *The Ancient Coptic Churches of Egypt* (Oxford, 1884), vol. ii. p. 264.

2: Blackman E-5 (1920-1926) 1927
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forty days old and a girl eighty before they can receive this sacrament.[1]

Exception to this rule is made in cases of grave illness. According to my informant, the water for baptism is contained in a tank in the ground. After asking the mother what name is to be given to the child the priest dips the infant into the water three times, each time repeating the name chosen for it. The child is then returned to its mother, who dresses it, and then the priest takes a silken thread, which the mother has brought with her, and places it round the child, passing it under its left arm. He then ties this thread into a knot with a loop. A certain number of prayers are repeated, after which a few drops of the Eucharistic wine are given to the child to drink. Most of the people who have been present at this ceremony now take their departure, but the parents, with the child, remain in the church while the choir sing certain chants. The priest then questions the parents as to their willingness to bring up the child with a knowledge of the Christian religion, impressing on them how great their responsibility is with regard to the proper religious instruction of their child.

When the ceremony is over the parents give the priest some money, the amount varying according to their means, and then the priest unties the knot he made in the silken thread.

In all Egyptian villages a number of little boys may be seen with their heads shaved save for a few tufts of hair, which are left untouched. Each of such tufts is dedicated, in the case of Muslims, to a sheikh, or to a saint if the child's parents are Copts, or sometimes all the tufts are dedicated to one sheikh or saint. I am told that there is no *special* age for the hair to be cut in this way, but I believe it is always done in very early childhood, probably as soon as the hair has grown, for I have never seen any but young children with these tufts of hair left on their heads. The ceremonial cutting off of the tufts is not, so far as I have discovered, performed at any particular age of boyhood, but the date of the performance seems to depend on whether the father can afford the expense that the ceremony entails, such expense in some parts of Upper Egypt being considerable. It has never been suggested to me that the ceremony takes place when the boy has reached the age of puberty. Indeed, as far as my own experience goes, the tufts were removed long before that period was reached.

[1] *The Ancient Coptic Churches of Egypt* (Oxford, 1884), vol. ii, p. 263.

2: Blackman E-5 (1920-1926) 1927
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give birth, with either foot planted on a brick.[1] From these two bricks was developed a structure resembling in outline the modern confinement chair (p. 63), but, so Professor Spiegelberg supposes, made of brick. A confinement chair of this kind was already in use in the Old Kingdom (2900–2475 B.C.).[2] It would be interesting to know at what date the wooden confinement chair replaced the brick structure. It may have done so at quite an early period, and "the brick," which is the designation of the bearing-stool even in a Nineteenth-Dynasty text, may be simply an archaism.

The midwife or female attendant in ancient times cut the umbilical cord[3] as she does to-day (p. 63). But unfortunately it is no longer the custom to wash the child immediately after birth.[4] This performance is now put off till the seventh day after that, and even then the child is only partly washed (p. 76).

A [193]

Importance was evidently attached to the placenta (see pp. 63 ff.) in ancient times; there seems to have been a priest of the royal placenta.[4] The umbilical cord seems also to have been preserved as it is to-day (pp. 64, 79), for in the Myth of Horus we are told how that god set out to obtain the umbilical cord of his father Osiris, which had fallen into the hands of Sēth, Osiris' murderer, and how, having won it from Sēth, Horus buried it in the place sacred to Osiris in Herakleopolis Magna.[5]

A [193]

F A 844 553 846

It is to be observed that the sieve played a part in ancient as in modern birth ceremonies (pp. 63, 79), for Anubis is shown trundling one in the scene in the temple of Ḥatshepsut at Deir el-Baḥri which represents the gods determining the duration of the new-born royal infant's life.[6] This determining of the duration of the royal child's life may be compared, perhaps, with the modern naming ceremony on the seventh day after birth (pp. 78 ff.). In ancient Egypt, however, a child's name seems to have been given it at birth,[7] and, anyhow in the case of a princely family, to have been also registered.[8] On the other hand, it is to be noted that

[1] W. Spiegelberg, *Aegyptologisches Randglossar zum Alten Testament* (Strassburg, 1904), pp. 19 ff.

A [113]

[2] As can be seen from the determinative of the word in K. Sethe, *Die altägyptischen Pyramidentexte*, § 1180.
[3] A. Erman, *op. cit.*, p. 45.
[4] A. Erman, *ibid.*
[5] A. M. Blackman, *Journal of Egyptian Archæology*, vol. iii, pp. 243 ff.
[6] *Ibid.*, p. 204.
[7] A. M. Blackman, *Luxor and its Temples*, pp. 168 ff.
[8] A. Erman, *op. cit.*, p. 45.
[9] F. Ll. Griffith, *Stories of the High Priests of Memphis* (Oxford, 1900), p. 19.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt
Ancient Egypt MR5

THE FELLĀḤĪN OF UPPER EGYPT

festivities connected with the birth of a child took place in ancient Egypt, certainly during the Middle Kingdom, fourteen days after birth, a mother being accounted unclean until she had purified herself with a fourteen days' purification.[1]

FIG. 158. KHNUM MODELLING THE ROYAL CHILD AND ITS KA
After A. Gayet, *Le temple de Louxor*, Pl. LXIII.

I have stated on pp. 67, 99, 100 (see also p. 63) that a belief in reincarnation exists among the *fellāḥīn*. It seems also to have existed among the ancient Egyptians, anyhow in the late New Kingdom, judging from certain episodes in the *Tale of the Two Brothers*.[2]

The statements on pp. 69 ff. about the *ḳarīn* and *ḳarīneh* recall the ancient Egyptian belief about the *ka*. The modern idea that the *ḳarīn* is born at the same time as its human counterpart calls to mind the reliefs in the temples of Luxor and Deir el-Baḥri[3] depicting the god Khnum modelling

FIG. 159. MAN HOLDING A BASIN AT THE SLAUGHTER OF A VICTIM
After A. M. Blackman, *The Rock Tombs of Meir*, Part I, Pl. XI.

the royal child and its *ka* (see Fig. 158) and their simultaneous birth.

In modern Egypt a child is suckled for two years (p. 81); in

[1] A. Erman, *op. cit.*, p. 46.
[2] A. Erman, *ibid.*, pp. 158 ff.; see also Herodotus, ii, 123; W. Spiegelberg, *The Credibility of Herodotus' Account of Egypt*, p. 32.
[3] A. M. Blackman, *Luxor and its Temples*, p. 165.

or like a silver thread in the distance. He resorts to it more often than to his fellowmen. He does not pray to it, as his ancestors did, but he constantly visits it. The Nile is in his blood. There is the same intimate bond between the Nile and the fellaheen as between the sea and the fishermen of Brittany. They even call it *el Bahr*, the sea, and their fields they call "shores" (*el rif* — plural *el ariaf* — the usual word for the Egyptian countryside) (ʿʿa). At High Nile they believe women to be more fertile and men more healthy; marriages are most often celebrated at this season. If a child is sickly or ill, his mother takes him on the Nile at this time, and makes him throw sweets and dates into the clayey waters, with the words "Oh Nile, let my strength grow like your depth". A dying fellah, before he breathes his last, is given a final draught of its living water.

In the Coptic Mass there is the following prayer: "Vouchsafe, O Lord, to bless this year the water of the river. By Thy grace bring it to due height. Gladden the face of the land, that the fields may have water and the crops be multiplied."

The silt of the Nile has its part also in the rites of life and death. The fellâha, when her time is coming, crawls to the brink of the water and takes up a handful of moist earth, which she will swallow at the time of delivery to ensure a successful birth.

When the *mizayen* cuts the child's hair for the first time, the hair ceremoniously cut off is not flung to the winds, but carefully rolled into a ball of earth.

Professional mourners bedaub their breasts, heads, and arms with mud as a sign of grief. The body is put into the earth without either coffin or clothes.

The fellaheen bury in the earth the jar containing their savings, and charms which they wish to take effect. Every birth affects the soil; the after-brith is buried inside the house, and the umbilical cord, wrapped up in a little bag with a few grains of corn, is dug into the father's field.

The fruits of the earth are still more closely involved in this peasant mysticism. The analogies between vegetable life and the peasants' own extremely physical existence make them believe in an interplay of fertility between the two.

The ceremonies of the seventh day, when the newly-born child is washed and given a name, often include the following

553 852 rite. Three rush baskets filled with different kinds of grain are brought into the room. One supports the sieve in which the infant is lying. When it is time for the bath, the midwife shakes the sieve, as if to sift both the child and the corn. Then she puts the grain back into the basket, wraps up the child and sprinkles a few grains upon it.

853 243 431 465 The word *fitâma*, used for the weaning of children, is also used for the tenth and last watering of the maize. Sweet cakes are given to the workers that day, as to the mother, for it is the last day of suckling.

243 777 789 Harvest is always accompanied by symbolic acts. Before reaping begins, the best ears are taken and plaited into a kind of doll called the 'Bride of the Corn', which is hung up in the house to bring good luck during the ensuing year. Similarly, to bind the chain of life, the biggest grains are mixed with the seed for the next sowing, and a few fine loaves are slipped into the heap on the threshing-floor to be winnowed and sieved.

782 789 Mgr Khouzam, reporting on his pastoral visit in November 1937, wrote as follows: "On entering their houses, I blessed water, bread and corn. They drank some of the water and used the rest to sprinkle themselves, their cattle and their houses. The corn they flung into their fields. As for the bread, I was made to break it and eat a little of it. The rest they kept among their stores that God might bless what they had laid by."

789 465 431 735 248 The joy of harvest shines also on those who have not ploughed, but whose work in the village has benefited the whole community. Tradition allots the first fruits of the harvest to the reciter, the barber, the cantor of the mosque, the schoolmaster and the carpenter. After these have claimed their sheaves, the poor come to glean their share. Cotton-picking, however, gives rise to no sort of ceremony. This is perhaps because cotton has only recently been introduced; or because it is grown for profit and not for daily bread (").

245 The date palm, on the contrary, is as old as Egyptian agriculture itself, and figures at all times in the life of the people. They turn to this tree for shade and for roofing, for beds and coops, for ropes and brushes. We have seen its